

Conference Speakers:

Lora Rutt RN-BSN current President Elect NCVPRN, Director of Cardiac Rehabilitation/Cardiac Outreach Services at the Franklin Co. Memorial Hospital/ Franklin, NE. Lora has served on the program, outcome, and nominations committees for NCVPRN. 19 years in rural nursing, 11 of those years spent in Cardiopulmonary Rehabilitation.

Pam Gaines RN-BC President NCVPRN and Cardiovascular Program Development Coordinator at Alegent Health in Omaha, NE. Has served in many leadership roles in NCVPRN and has served on AACVPR MAC committee for Policy and Reimbursement Committee. Board Certified Cardiovascular Nurse with > than 28 years in cardiovascular nursing and over 12 years experience in Cardiopulmonary Rehabilitation.

Dr David Cantral. Pulmonologist practices with the Platte Valley Medical Group in Kearney Nebraska.

Katie Packard PharmD, MS, BCPS: She is a pharmacist specializing in cardiac medications for 10 years. Completed a 2 year post-doctoral fellowship in cardiovascular research. Currently an Associate Professor at Creighton University. She works regularly as part of an interdisciplinary team in both cardiac and pulmonary rehab at Bryan LGH Life Pointe and inpatient settings.

Shannon Hoos-Thompson MD. General Cardiologist-Platte Valley Medical Group Adult Cardiology Fellowship, Creighton University 2008-2011
Cardiology Fellow of the Year 2010; Creighton University

Rita Frickel M.S., R.D., L.M.N.T. A Registered Dietitian working in the Cardiac arena for 11 years. She has presented at various conferences both locally and nationally. Graduated from UNK with a B.S. in Dietetics, Internship at St. Mary's Hospital and the Mayo Clinic. Received her M.S. in Health Education from UNO.

Mary Henning BA Education, Professional Storyteller, Masters and PhD in Nursing. Mary has been a professional storyteller for 15 years, speaking to a variety of venues. Mary is has performed at many events as a Humorist. She is very active in the community as a volunteer as having published two childrens books.

Conference Objectives

- Review Wellness Coaching techniques and implications for use in Cardiovascular and Pulmonary Rehabilitation
- Discuss Best Practice Strategies for management of a Pulmonary Rehabilitation Program
- Examine the influence of Effective Listening in the work place and learn strategies to overcome some Barriers to effective listening.
- Discuss symptoms and treatment of patients with COPD.
- Discuss Atrial Fibrillation and recommended guideline-based pharmacologic therapies for treatment.
- Tools for Identifying/evaluating patients at risk for psychosocial complications enrolled in rehab programs and Long-term management of psychosocial problems related to cardiovascular disease
- Identify health risks associated with excessive sodium in the diet and review dietary recommendations/for the cardiopulmonary rehabilitation population.
- Explore benefits of humor and communication skills to improve patient satisfaction and team building.

2011 NCVPRN FALL CONFERENCE

Pre Conference Presentation

October 5th

6:00pm-7:00pm	Social & light meal	
7:00pm-9:00pm	Inspire Your Patients-Coach Approach Pulmonary Rehab Program Management	Lora Rutt Pam Gaines

NCVPRN Fall Conference

October 6th

07:15-07:30	Registrations, Breakfast, Exhibits	
07:30 -07:45	Welcome and Overview	
07:45 -9:15	Do you see what I am saying	Randy Vlasin
09:15 -10:15	Current concepts in evaluation and treatment of COPD.	Dr. Cantral
10:15 -10:30	Exhibitor Break	
10:30-12:00	Atrial Fibrillation	Katie Packard
12:00-13:15	Business Lunch meeting/ Exhibits	
13:15 -14:15	Psychosocial Aspects of Cardiopulmonary Rehabilitation	
		Dr. Hoos-Thompson
14:15 -14:30	Exhibitor Break	
14:30 -15:30	Shake the salt from your diet	Rita Frickle
15:30-16:30	Humor in the Workplace	Mary Henning
16:30-16:45	Evaluation/Wrap Up	

Purpose and Goal Statement

To provide information on current issues and trends in cardiovascular and pulmonary rehabilitation and to provide networking among cardiovascular and pulmonary rehab professionals.

Approval Statement for the flyer: Application for contact hours has been made to CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Please call Michelle at NCVPRN for more information about contact hours.

2011 NCVPRN FALL CONFERENCE

Younes Conference Center@ the Hampton Inn
(just behind Holiday Inn)
416 Talmadge Rd, Kearney, NE
(308) 234-8422

Registration:

Day One: October 5, 2011

- Pre Conference /Contact Hours included
- Cost Free

Day Two: October 6, 2011

- Fall Conference

Cost: Member \$60.00
Non Member \$85.00

(Membership fee is not included in the non-member rate)
Includes workshop, lunch and breaks.

Payment Information: Please indicate each session attending

- Pre-Conference Social Presentation (free)
- Fall Conference

Total:\$ _____

Make check payable to: NCVPRN: 2011 Fall Conference

Driving Directions: take I-80 to exit 272, turn North onto NE-44 /2ND Ave; Turn left onto W Talmadge Rd, hotel on 10th Ave.

Register: by Oct 3rd, 2011

- **Return this form and registration fee**

Fax or Mail RSVP forms

Name _____

Hospital Affiliation _____

Member _____ Non Member _____

- All checks must include the names of each person in the registration

Cancellation: Cancel by October 3, 2011 to avoid \$25 processing fee.

Send to:

Pam Gaines RN-BC Pgaines@alegent.org

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Heart & Vascular Institute

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Omaha, NE 68124

Work # 402 398-5654

Fax # 402-398-6719

Cell# 402-599-3435

Check Payable to: NCVPRN

Hotel Reservations:

Hampton Inn: Conference rate for hotel: \$89.95 + tax. Reserve by Sept 15th for confirmed conference rate. After Sept 15th rate subject to availability.

Manager's reception and breakfast included in hotel rate.

Call for Reservations. @ 308-234-3400

Nebraska Cardiovascular And Pulmonary Rehabilitation Network Fall Conference

*“Meet the Experts”
Lessons learned from your Multidisciplinary
Team*



