2010 - The Beginning of a New Era
Seventeenth Annual TriNetwork Conference
April 23-24, 2010

NAME
Organization
Mailing Address
City/State/Zip
Above address is ☐ home ☐ work
Registration - (Includes materials, breaks, breakfast Friday, lunch Friday, breakfast Saturday, and CEUs)
I plan to attend Cardiac Tract ☐ Pulmonary Tract ☐
☐ Members (Circle One: UPCRA, IACPR, NCVPRN) .................$135
☐ Nonmembers .................................................................$170
Checks only - no credit cards accepted.
Total _______ Payable to: TriNetwork Conference

Program

March 23-24, 2010
Nebraska Cardiovascular and Pulmonary Rehabilitation Network (NCVPRN)
Iowa Association of Cardiopulmonary Rehabilitation (IACPR)

2010: The Beginning of a New Era
Seventeenth Annual TriNetwork Conference
April 23-24, 2010
Sheraton Hotel and Sioux Falls Convention Center
1211 N West Avenue • Sioux Falls, SD

Name______________________________________________________Title___________________________________________________
Organization________________________________________________Phone_________________________________________________
Mailing Address_____________________________________________ E-mail Address _________________________________________
City/State/Zip______________________________________________Check desired CEUs
ANCC
AACVPR
Above address is ☐ home ☐ work
Deadline for Registration is April 16, 2010.

Written cancellation policy: Must be received by April 16 to receive refund less $20 administrative fee.
Questions? Call Becky Bergeson at (605) 224-3187.
Mail registration to:
Becky Bergeson
Cardiac Rehab
St. Mary’s Hospital
801 East Sioux
Pierre, SD 57501

Gayla Oakley, RN, FAACVPR
Director of Cardiology Services and Health
Geneva, NE

Jeff Redekopp, MS, CSCS
Cardio-Pulmonary Rehab Coordinator
Minot, ND

Susan Rohr, D.O.
Sanford Health Clinic – Pulmonary Medicine
Sioux Falls, SD

Randal J. Thomas, MD
Department of Cardiovascular Services
Mayo Clinic
Rochester, MN

Mark Williams, PhD, FACSM, FAACVPR
Creighton University School of Medicine
Division of Cardiology
Omaha, NE

Karla Harmon, CSW-PIP, DMHP
Sanford Mental Health
Sioux Falls, SD

Lana Hilling, RCP, FAACVPR
Coordinator, Lung Health Services
Concord, CA

Orvar Jonsson, MD, FACC
Sanford Cardiovascular Institute
Sioux Falls, SD

Thomas Kassube, DDS
Midwest Periodontics
Sioux Falls, SD

Roseann Lyle, PhD
Professor, Public Health
Purdue University
West Lafayette, IN

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CARIDOPULMONARY REHABILITATION CONFERENCE

Objectives
1. Identify why performance measures for cardiac and pulmonary services are being developed and implemented.
2. Describe the necessary how and when of implementing performance measures.
3. Describe the cost benefits to managing chronic diseases.
4. Describe the various models of health promotion/disease prevention care.
5. Review the nature of periodontal disease, its etiology & treatment.
6. Explore the role of periodontal disease as a contributing factor for heart failure.
7. Describe the strategic AACVPR plan for 2010.
8. Recognize the rationale for resistance training (RT) in patients with cardiac pulmonary disease.
9. Examine the components of the RT exercise prescription in these patients.
10. Explain the pathologic changes in CV and respiratory systems with obstructive sleep apnea.
11. Describe the chronic CV and respiratory effects on untreated obstructive sleep apnea.
12. Compare and contrast the differences between traditional cardiac rehab vs. intensive cardiac rehab.
13. Identify new program components required for cardiac rehab & pulmonary reimbursement from CMS.
14. Identify physician supervision requirements.
15. Describe the certification process.
16. Examine the individualized treatment plan (ITP) and its impact on patient outcomes.
17. Review the signs and symptoms of heart failure.
18. Describe the management of heart failure.
19. Compare and contrast exercise programs in heart failure.
20. Explore the relationship of anxiety and depression in the cardiac patient.
21. Identify signs, symptoms, and intervention strategies for depression and anxiety in cardiac patients.
22. Examine the CMS rules as they relate to providing education as a part of a pulmonary rehabilitation program.
23. Explain the differences between patient and program goals.
24. Explain the differences between patient and program goals.
25. Describe how to assist patients in establishing goals which are more specific.

Accommodations
Please mention TriNetwork Conference for these rates before March 31, 2010. • Call toll-free 1 (888) 827-8098 or call Allison Sullivan 1 (605) 988-3987 at the Sheraton — be sure to reference TriNetwork. • Email Allison and reference TriNetwork for reservation assistance via internet: allison.sullivan@CDJH.com. • Sheraton Hotel $94 single-quad. Other motels in the area: Motel 6 contact: www.motel 6 .com – (605) 336-7800 - $41.99.

PROGRAM COMMITTEE MEMBERS

UPCRA
Becky Bergstrom, RN
Mike Durbin, EP FAACVPR
Marlys Fischer, RN, CES
Theresa Ferdinand, RNC, BSN, FAACVPR
June Schulz, RRT, FAACVPR

AACVPR
Peggy Durbin, RN
Nancy Stangradner, RN BSN

NCVPRH
Vioki Linberg, RN BC
Jane Swartz, RN

GENERAL
8:00 AM 2010 CMS Rule Reimbursement Changes and Updates for Cardiac and Pulmonary Rehab: Now What? Jeff Reddickpe, MS, CCS
9:00 AM Certification...The New Improved Process Gayla Oakley, RN, FAACVPR

CARDIAC TRACT
10:15 AM Heart Failure Drur Jonsunz, MO, FACC
11:15 AM Heart and Mind: Identification and Intervention of Mental Health Issues in Cardiac Patients Karla Harmon, CSW-PIP, DMHP
12:15 PM Evaluations and Adjourn

PULMONARY TRACT
10:15 AM A Time to Teach June Schulz, RRT, FAACVPR
11:15 AM Correlating Patient and Program Goals Lana Hilling, RCP, FAACVPR
12:15 PM Evaluations and Adjourn